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Towards Inclusive Martial Arts

Inclusive Martial Arts Online Course & Inclusive Martial Arts Coaches Academy

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ICM at a glance



Inclusive Martial Arts Online Course

Initially developed by UNESCO Chair Inclusive PE Sport Recreation and Fitness in IT Tralee (Munster Technological University) in 2018

ICM-IT Tralee started collaboration for the online course and jointly launched it in 2020

Participation, Recreation and Inclusion through Martial Arts Education
A Practical Guide for Coaches

Co-funded by the Erasmus+ Programme of the European Union

무에 교육을 통한 참여, 레크리에이션과 포용
코치용 실무 가이드

Co-funded by the Erasmus+ Programme of the European Union

Introduction to Inclusive Martial Arts

1. Introduction to Inclusive Martial Arts

2. ...

3. Welcome

4. The Pathway to Diversity

5. The Pathway to Diversity & Inclusive Martial Arts

6. The Pathway to Diversity & Inclusive Martial Arts

7. The Pathway to Diversity & Inclusive Martial Arts

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Total 7 units, 146 slides

Inclusive Martial Arts Coaches Academy

October 2023, 3 female and 12 male coaches

June – July 2024, 3 female and 8 male coaches



Building defenses of peace in the minds of men and women through martial arts!

Thank you

Learn more at : www.unescoicm.org

