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**WOMEN'S PHYSICAL ACTIVITY BEHAVIORS ACROSS
THE LIFESPAN**

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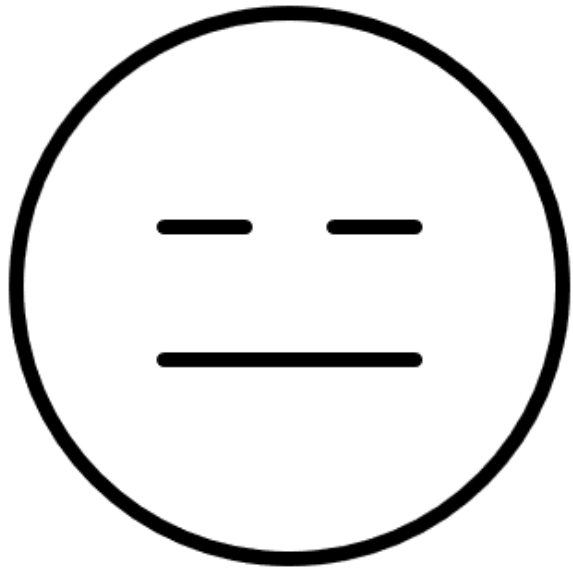
A photograph of three children hanging from a blue horizontal bar on a green playground structure. The children are smiling and looking towards the camera. The background shows a park with trees and a paved area. The image has a semi-transparent dark overlay.

THE JOURNEY

GIRLHOOD

ADOLESCENCE





EARLY ADULT

MIDDLE ADULthood





LATER ADULthood







THANK YOU

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